



25

PERFECT  
BOUDOIR  
STYLING  
IDEAS



LONE BARN  
BOUDOIR

# Welcome!



**Hello and nice to meet you!** You have just downloaded a very exciting guide that will take you through 25 different boudoir styling ideas for your experience.

One of the most liberating aspects of boudoir photography is that there's no such thing as the "right" outfit or the "perfect" look—it's all about you. Whether you're donning a bridal veil or simply wrapped in a white sheet, the possibilities are endless. Let this guide spark your imagination and inspire your own unique session.

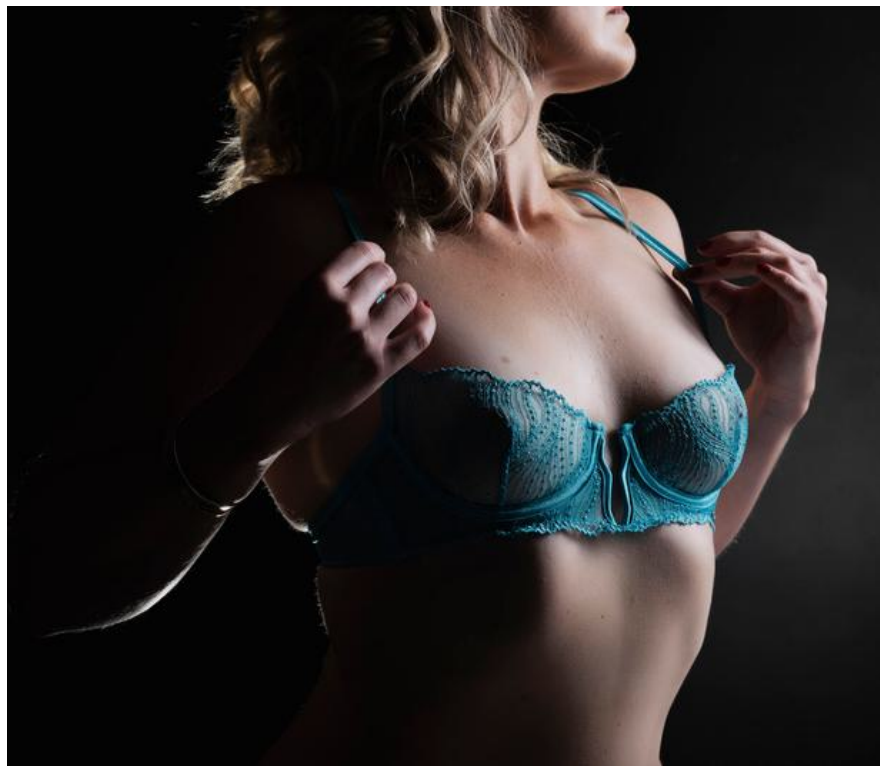
**BONUS:** I've put a few of my favourite shopping spots for lingerie at the end. You DEFINITELY want to check these out.

And if you have any questions at all, shoot me an email at [julie@lonebarnboudoir.co.uk](mailto:julie@lonebarnboudoir.co.uk).

**\*\*ALL PHOTOS USED HAVE BEEN CREATED BY LONE BARN BOUDOIR\*\***

# 1. Underwired Bra

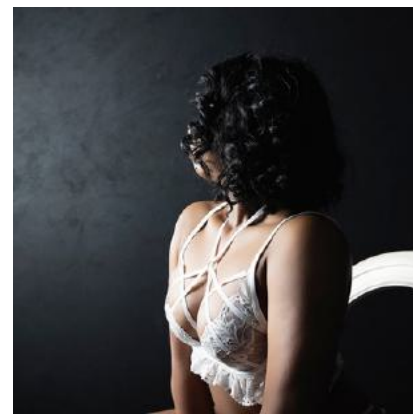
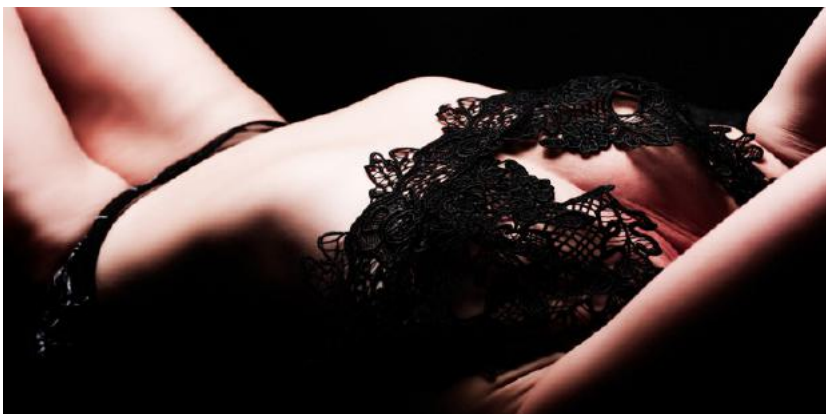
Ideal for women with breasts of any size, underwire bras offer the benefit of added support thanks to a wire sewn into the lower part of the cups. This feature can be particularly valuable for those who are looking for that extra lift—perhaps following childbirth or weight loss. You can find underwires in a range of styles, from push-up and demi-cup bras to more straightforward, non-padded or lined options.



## 2. Bralettes or Non-Wired Bras

Perfect for those with smaller busts or if you don't need extra support. They offer a softer, more natural silhouette that's perfect for capturing a relaxed, effortless vibe in your boudoir session. Available in a variety of materials like lace, silk, or cotton, and styles ranging from simple to ornate.

If you have a larger bust these may be not the most flattering choice for you.



# 3. Thongs and G-Strings

Ah, the good ol' dental floss of the lingerie world—thongs and G-strings, right? Thongs come with just a smidgen of fabric at the back, while G-strings take it up a notch—or should I say, down a notch—by offering even less coverage. Most of us opt for these when we're aiming to dodge those dreaded VPLs (Visible Panty Lines) or, let's be honest, when we think it'll rev up the sexiness factor for our partners. (Because really, who else would we put ourselves through the, ahem, 'string-up-the-tush' experience for?)



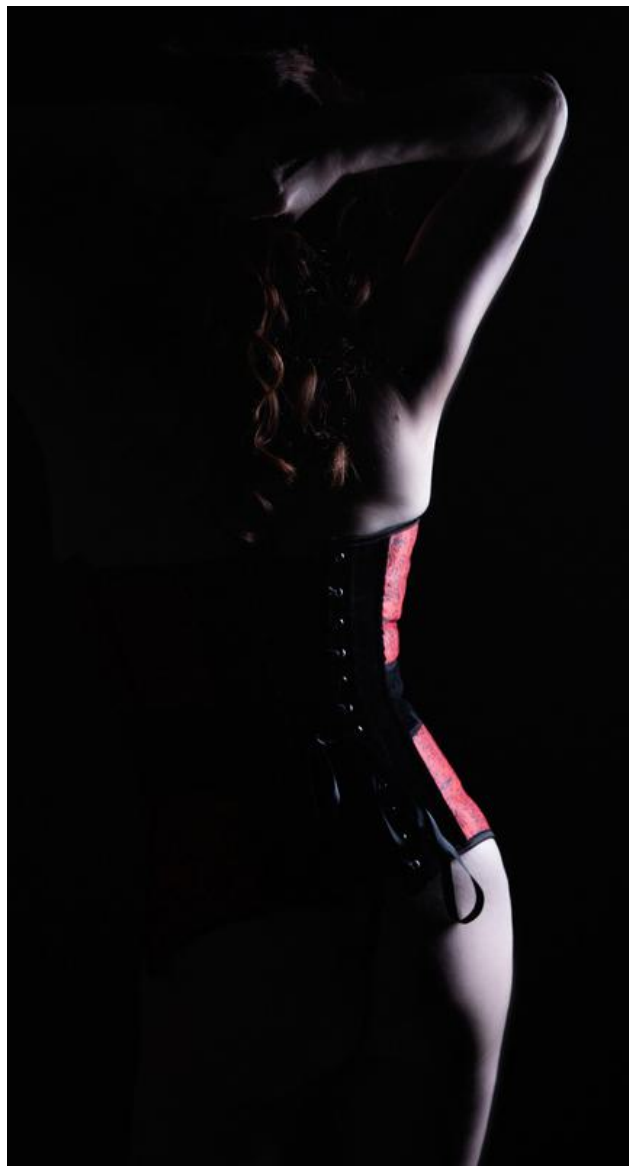
# 4. Brazilian Knicks

If you're not a fan of a G-string or thongs and are looking for something that offers a similar cheeky reveal but with a tad more fabric, Brazilian-cut panties are your go-to.



# 5. Corsets

What ever happened to corsets? I get it, you can't breathe in them, and they can limit your movement, but WOW do they look amazing in photos! They are incredibly flattering on every body type and give a subtle roleplay vibe that can really add dimension to the mood of your shoot.



# 6. Bustiers or Basques

Bustiers feature an integrated bra and are generally shorter in length compared to corsets, usually finishing right at or just above your waist. Unlike corsets, they don't extend down to cover the hips. When it comes to comfort, many find bustiers to be less restrictive. That's mainly because they typically lack the rigid boning and tight cinching you'd find in a corset. Instead, they often include stretch panels and softer, plastic boning for a more relaxed fit.





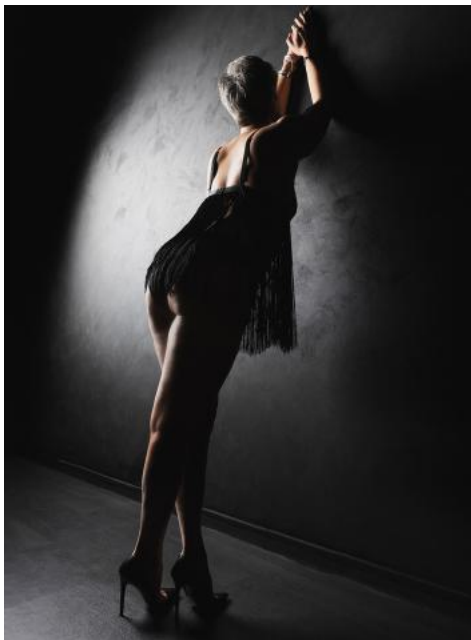
# 7. Bodysuit

Without a doubt, this style is a top pick for me. It's incredibly flattering on a wide range of women. The variety of styles available is a huge plus. Personally, I'm a fan of the ones with integrated cups, as they offer that extra bit of breast support that many women appreciate. Don't forget to think about how the back will look too.



# 8. Slips or baby-dolls

Slips and babydolls often come in silky, loose fabrics, leading many women to believe they'll camouflage areas they're less confident about. However, the reality is quite the opposite—these pieces can actually accentuate those areas adding inches. A well-fitted bodysuit is generally a more flattering option for showcasing your best features.



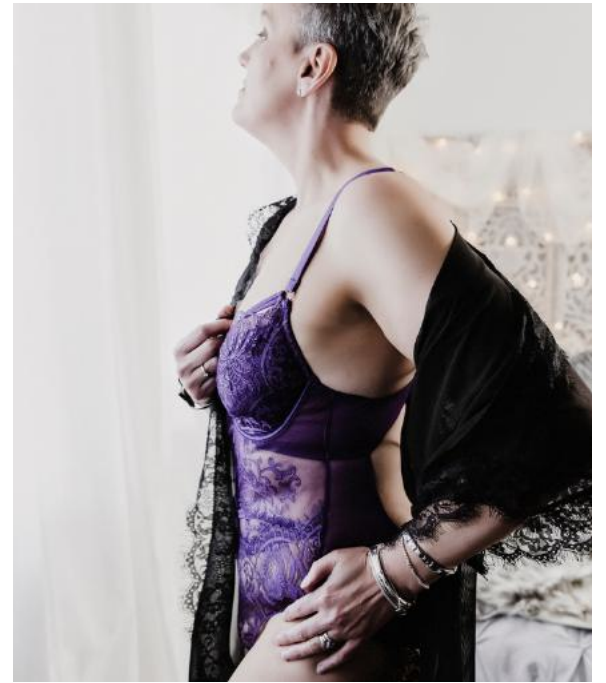
# 9. Stockings and Holdups

There are two main types of stockings: those with rubber lining and those without. If they have rubber inside, they're designed to stay up on their own—so skip the garters. Attempting to pair them can be tricky due to their thickness. Plus, rubber-lined versions can feel tight on the thighs, which isn't ideal for most women. If you're planning to wear garters, go for stockings without the rubber lining for a better fit and more flattering look. I've written a whole [blog article](#) on this subject!



# 10. Robes

If you're on the shy side, this option is a fantastic pick. These pieces offer a playful touch, as they can easily slip off the shoulders. For a dash of allure, consider wearing them without a bra, leaving a bit more to the imagination.



# 11. Shoes

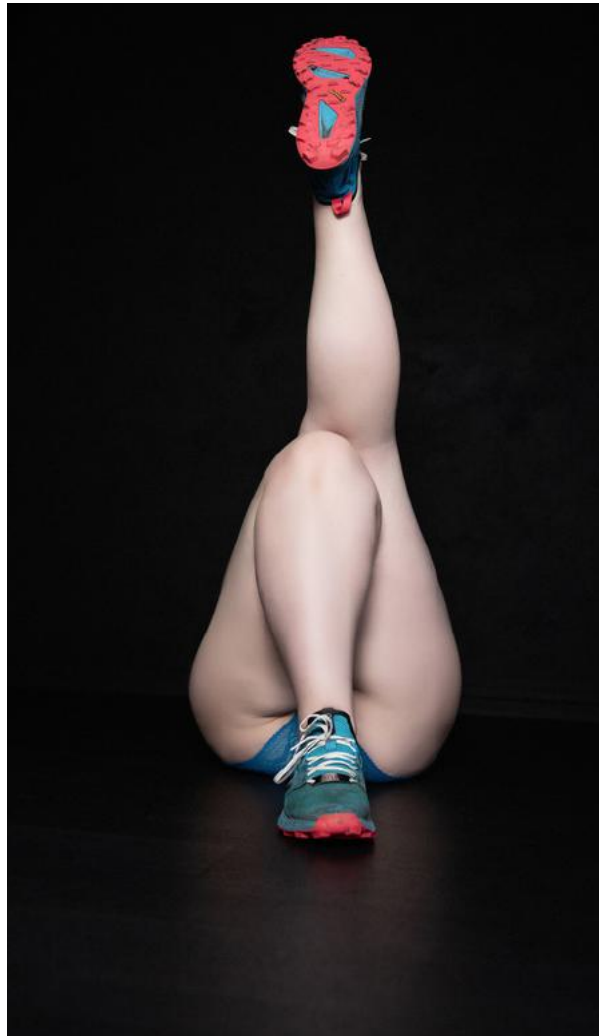
Don't underestimate the power of the perfect pair of shoes in a boudoir shoot, especially high heels. A great heel does more than complete an outfit—it also helps elongate and shape your legs, adding tone and definition. The lift from the heels naturally encourages better posture and adds an element of poise and confidence.

I also have a collection of gorgeous shoes including some Louboutins for you to try.



# 12. Boots

Boots are a fantastic way to inject a dose of personality into your boudoir session. From the rugged, rebellious vibe of Doc Martens to the sultry allure of thigh-highs, the style of boot you choose speaks volumes about you. Whether you're aiming to capture a tough, edgy aura or channel your inner seductress, boots offer a unique opportunity to showcase different facets of your character. They're not just footwear; they're a statement piece that can elevate the entire mood of your shoot.



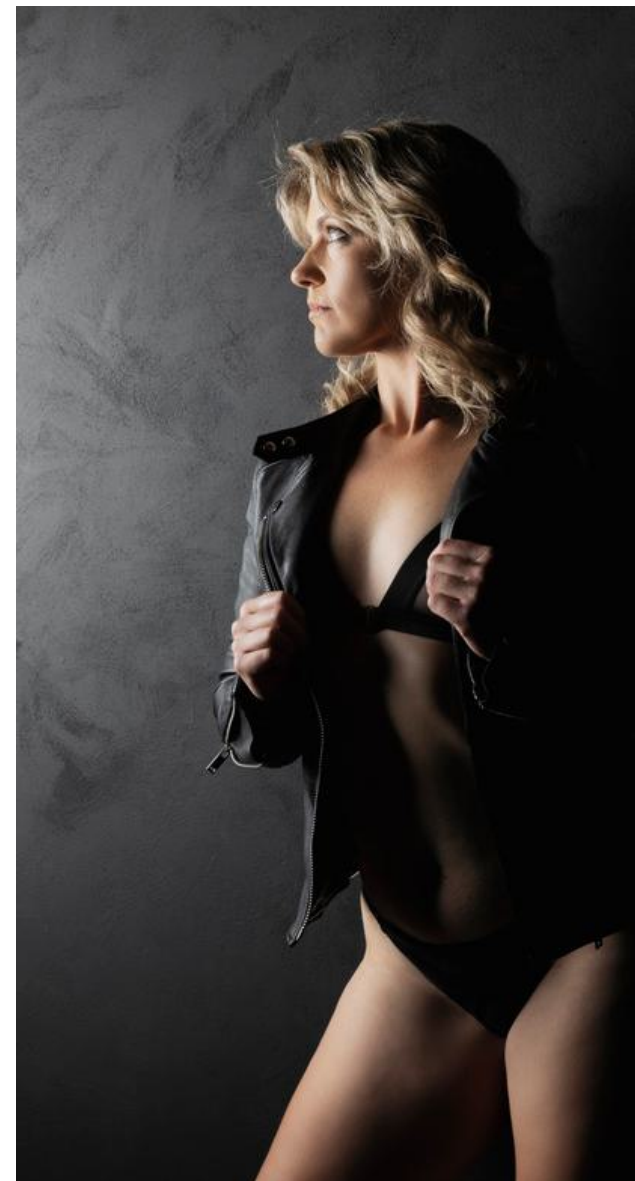
# 13. Jumpers

An oversized jumper is the perfect choice for those seeking a relaxed, casual, laid-back vibe of a big, comfy sweater offers a sense of intimacy and vulnerability that can be both sensual and endearing. It allows for a softer, more natural look that emphasizes comfort and ease. The sweater can drape off a shoulder, hint at what's underneath, or simply wrap you up in a warm embrace, creating a range of moods from innocent to inviting. It's an ideal option for those who want to keep things understated yet deeply personal.



# 14. Jackets

Jackets, like a sultry leather biker option, can add a whole new layer of edginess and allure to your boudoir shoot. The texture and sheen of leather lend themselves to dramatic, impactful photographs, capturing a vibe that's both daring and irresistibly sexy. Draped over lingerie or worn on its own, a biker jacket creates a compelling contrast between tough and tender, giving you the opportunity to showcase your multi-faceted personality. Whether you're zipping it up or letting it fall casually off one shoulder, this iconic piece is a game-changer that effortlessly turns up the heat.





# 15. Shirts

A shirt offers remarkable versatility for a boudoir shoot, presenting endless possibilities to either reveal or conceal. Whether it's a crisp button-down or a soft, oversized flannel, a shirt can be styled in so many ways to capture different moods and looks. Button just a few for a teasing glimpse of what's beneath, or wear it off the shoulder for a more relaxed, intimate feel.

There are endless possibilities with styling a shirt.



# 16. Lace Dress

A figure-hugging lace dress is an undeniable showstopper in a boudoir shoot. Its snug fit accentuates every curve, celebrating your body's natural contours. The lace adds an element of intricate beauty while allowing glimpses of skin to shine through, striking the perfect balance between sophistication and sensuality.



# 17. Sports Shirts

Incorporating one of your partner's favorite football or rugby shirts can add a deeply personal touch to your boudoir shoot. It's a playful yet intimate way to connect your experience to something that holds meaning for both of you. Wearing that special shirt not only adds a splash of color and sporty flair but also infuses the session with sentimental value. It's a nod to your shared interests and a cheeky way to claim something of theirs as your own, even if just for the shoot.



# 18. Designer Boudoir Robes

Ah, the "floofs"—those luxurious tulle robes that instantly transport you to the golden era of Hollywood glamour. Draping yourself in one of these designer pieces can elevate your boudoir shoot to an entirely new level of elegance and drama. The layers of delicate tulle create an ethereal effect, adding both texture and intrigue to each frame. It's like wrapping yourself in a cloud of sophistication, and the robe's floaty nature can make even the simplest pose look extraordinarily cinematic. I have several in the studio



# 19. Boudoir Wings

Wings in the boudoir? Talk about taking your shoot to new heights—literally! Whether you go angelic in white or devilishly daring in red, wings add that cheeky "are you naughty or nice?" vibe. With grey as a mysterious middle-ground, you've got options to let your inner angel or devil take flight. So, which will it be? Either way, you're sure to ruffle some feathers—in the best way possible!



# 20. A Sheet

Ah, the classic white sheet—sometimes simplicity steals the show. Draped, wrapped, or twisted, a white sheet brings a sense of purity and intimacy to your boudoir session. It's like a blank canvas that lets you—and your curves—be the masterpiece. Plus, it adds an air of mystery, teasing what's revealed and what's concealed. So go ahead, let the sheet fall where it may and watch the magic happen.



# 21. A simple pice of fabric

A floaty piece of chiffon in the mix? That's a recipe for ethereal elegance. This lightweight fabric catches the light and the breeze, giving you an almost otherworldly glow. It's great for creating movement and adding a touch of whimsy to your shots. Whether you drape it around you or let it flutter freely, chiffon adds that 'je ne sais quoi' that can make your session feel like a dream. Get ready to float through your shoot like the goddess you are!



# 22. Bridal Lingerie

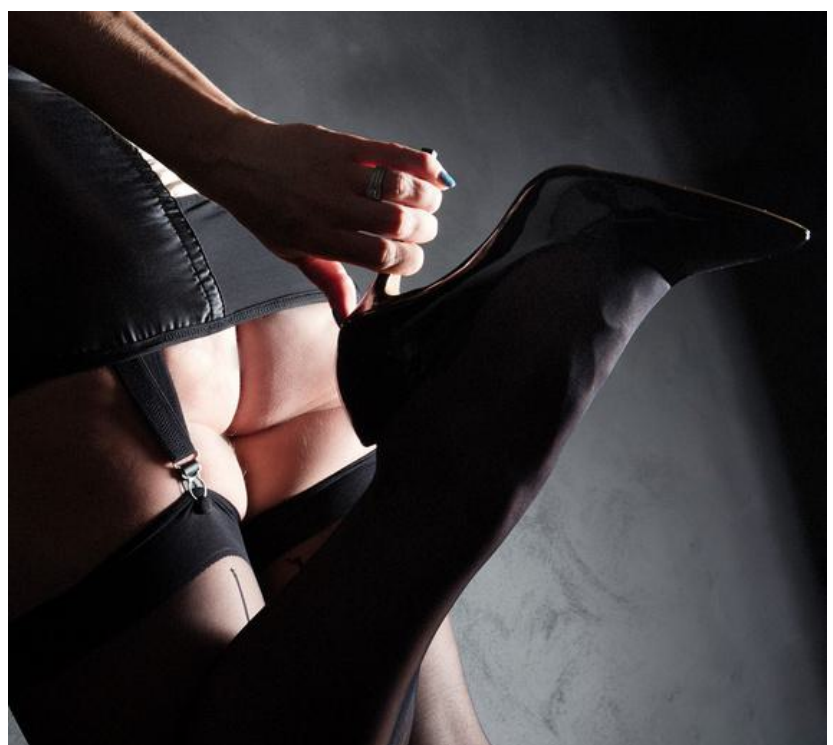
Bridal lingerie and a veil? Now we're talking timeless romance with a sprinkle of allure. Whether you're a bride-to-be or just enamored with that blushing bride vibe, these pieces make your boudoir session feel like a love letter penned in lace and tulle.





# 23. Vintage Vibe

Vintage-style lingerie? Oh, you're tapping into that timeless charm that never goes out of style. Think high-waisted briefs, intricate lace, and classic silhouettes that harken back to an era of old-school glamour. This look is all about celebrating the sophistication and allure of yesteryears, adding a layer of nostalgic romance to your shoot.



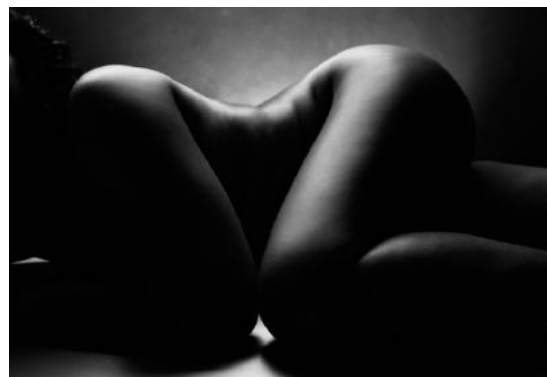
# 24. Props

Props like builder's belts or golf clubs? Talk about personalizing your shoot to the max! These quirky additions let your imagination—and personality—run wild. Whether you're channeling a DIY diva with that builder's belt or going for a hole-in-one with a golf club, props add a playful twist that tells a story all your own. They break the ice, spark some laughs, and bring a touch of your world into the boudoir. So go ahead, bring in those props and let's get this party started!



# 25. Your Birthday Suit

Ah, the most classic "outfit" of all—nothing at all. Tasteful, elegant nudes offer an unparalleled level of intimacy and vulnerability, allowing your natural beauty to shine in its purest form. With the right lighting and angles, a nude shoot can be a transformative experience that captures the essence of you, unadorned and authentic. It's the ultimate celebration of self-love and body confidence, a timeless look that needs no accessories. So if you're ready to bare it all—in the most elegant way, of course—then this is your moment to truly be yourself.



# Let's Shop

## For Love and Lemons

Another of my favorites! For Love and Lemons offers a very elegant and unique selection. You will easily find pieces that are just to die for!



## Honey Birdette

Honey Birdette is known for being one of the sexiest boutiques in the industry. They're easily one of the higher end lingerie sources out there. They also have shops where you can see pieces in person.



## BlueBella

I am absolutely in love with the creative ways this company designs lingerie. It is pretty dramatic and photographs amazing.

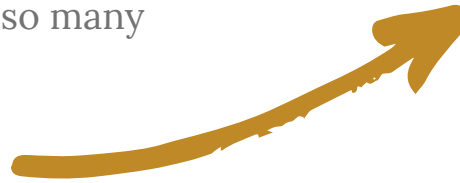


# Let's Shop

If you want to have some fun and get something new for your shoot, here are a few of my favorite shops! Remember this shoot is about YOU and not about your lingerie, but a new piece can be a great confidence boost!

## Ann Summers

They have so much choice.  
They are affordable and have so many things!



## Pour Moi

Great choices especially for those of us with bigger boobs that may need more support.



## Playful Promises

Definitely one to check out, they have a huge range of styles and great quality



# Meet The Team



JULIE  
OWNER  
&  
YOUR PHOTOGRAPHER



MIRIAM  
YOUR FABULOUS  
HAIR AND MAKEUP ARTIST

# Videos

It's hard to explain how incredible a boudoir experience is here with us, so I'll let one of my clients do that.

## — The Experience —





[www.lonebarnboudoir.co.uk](http://www.lonebarnboudoir.co.uk)

[julie@lonebarnboudoir.co.uk](mailto:julie@lonebarnboudoir.co.uk)

07917477094

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